



**Menu for Week beginning Monday April 26th, 2010(Prek, K1, K2, Gr1)**  
**Nutritional information key:**



★Protein

☆Milk product(Calcium)

○Starch

◆Cooked Fruit or Vegetables

●Raw Fruit or Vegetables

🥕Vegetarian

Monday April 26th	Tuesday April 27th	Wednesday April 28th	Thursday April 29th	Friday April 30th
○ ○ ○	○ ○	○	○ ○	○ ○ ○
<b>Daily Bread Selection.</b>				
◆Corn & Peas Salad * * * * ★Spaghetti Bolognaise  Or ★Chicken Fingers  ●Water Melon  * * * * 🥕 Ratatouille & Couscous (Vegetarian)	◆Broccoli Salad * * * * ★Penne & Cheese  Or ★Garlic Pork Stripes  ●Honey Melon  * * * * 🥕 Feta & Spinach Omelet (Vegetarian)	★Egg Salad * * * * ★Cheese Pizza  Or ★Mild Beef Curry  ◆Yellow Peach  * * * * 🥕 Penne with Tomato Sauce (Vegetarian)	●Carrot Salad * * * * ★Fish Steaks  Or ★Sweet & Sour Chicken  ●Pear  * * * * 🥕 Mushroom Pie (Vegetarian)	●Tomato Salad * * * * ★Stir fried Beef Strips  Or ★Fried Rice with Egg & Vegetables  ●Apple  * * * * 🥕 Curried Veggies (Vegetarian)
<b>Daily Choice of Fruit Basket or Desert</b>				
☆Mini Cake	☆Puff Pastry Apple Slice	☆Banana Cake	☆Raisin Roll	☆Lemon Tart

🥕 If you are vegetarian or allergic Students, Pls contact Eurest staff to order the Vegetarian/Special main course before 10:00am every morning.  
 \*Pre -Made Sandwich could be ordered in a la carte line  
 \*Students' lunch-card balance available under request - contact us at [eurest@staff.nanjing-school.com](mailto:eurest@staff.nanjing-school.com) for details\*

