



**Menu for Week beginning Monday May 10th, 2010(Prek, K1, K2, Gr1)**  
**Nutritional information key:**



★Protein







☆Milk product(Calcium)

○Starch

◆Cooked Fruit or Vegetables

●Raw Fruit or Vegetables

 Vegetarian

Monday May 10th	Tuesday May 11th	Wednesday May 12th	Thursday May 13th	Friday May 14th
○ ○ ○	○ ○	○	○ ○	○ ○ ○
<b>Daily Bread Selection.</b>				
● Carrot Salad * * * *	● Tomato Salad * * * *	◆ Corn & Peas Salad * * * *	◆ Broccoli Salad * * * *	● Cucumber Salad * * * *
★ Bacon Fusilli Pasta	★ Kimchi Fried Rice with Egg	★ Beef Potatoes Pie	★ Roasted Chicken Drumsticks	★ Fish Fingers
Or	Or	Or	Or	Or
★ Sausage Bratwurst	★ Sliced Pork with Soy Sauce	★ Chicken Fingers	★ Sautéed Pork & Garlic	★ Baked Burger Steak with Gravy
● Water Melon	● Honey Melon	◆ Yellow Peach	● Pear	● Apple
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 Mixed Veggies Pizza (Vegetarian)	 Veggie Burger with Hummus (Vegetarian)	 Egg Fried Rice (Vegetarian)	 Diced Vegetables Curry (Vegetarian)	 Spinach Quesadillas (Vegetarian)
<b>Daily Choice of Fruit Basket or Desert</b>				
☆ Banana Cake	☆ Ice Cream	☆ Lemon Jelly	☆ Mini Cake	☆ Puff Pastry Apple Slice
<p> If you are vegetarian or allergic Students, Pls contact Eurest staff to order the Vegetarian/Special main course before 10:00am every morning.</p> <p>*Pre -Made Sandwich could be ordered in a la carte line</p> <p>*Students' lunch-card balance available under request - contact us at <a href="mailto:eurest@staff.nanjing-school.com">eurest@staff.nanjing-school.com</a> for details*</p>				