



Menu for Week beginning Monday May 17th, 2010(Prek, K1, K2, Gr1)

Nutritional information key:









★Protein

☆Milk product(Calcium)

○Starch

◆Cooked Fruit or Vegetables

●Raw Fruit or Vegetables
 Vegetarian

Monday May 17th	Tuesday May 18th	Wednesday May 19th	Thursday May 20th	Friday May 21st
○ ○ ○	○ ○	○	○ ○	○ ○ ○
Daily Bread Selection.				
● Garden Salad ○ ○ ○ ○	● Garden Salad ○ ○ ○ ○	● Garden Salad ○ ○ ○ ○	● Garden Salad ○ ○ ○ ○	● Garden Salad ○ ○ ○ ○
★Egg Salad * * * * ★Spaghetti Tomato Sauce & Sausage Or ★Grilled Meatloaf ●Water Melon * * * *  Baked Cheese Pasta (Vegetarian)	● Tomato Salad * * * * ★Cheese Pizza Or ★Pork Teriyaki ●Honey Melon * * * *  Scramble Egg Tacos (Vegetarian)	◆Corn Salad * * * * ★Pork Goulash Or ★Ham & Cheese Sandwich ◆Yellow Peach * * * *  Veggie Spring Rolls (Vegetarian)	◆Broccoli Salad * * * * ★Sautéed Pork with Herbs Or ★Roasted Chicken Drumsticks ●Pear * * * *  Veggie Pizza (Vegetarian)	●Cucumber Salad * * * * ★Beef in Mushroom Sauce Or ★Fish Steaks ●Apple * * * *  Spaghetti Napoli (Vegetarian)
Daily Choice of Fruit Basket or Desert				
☆Lemon Tart	☆Oatmeal Pudding	☆Mini Cake	☆Raisin Rolls	☆Banana Cake
<p> If you are vegetarian or allergic Students, Pls contact Eurest staff to order the Vegetarian/Special main course before 10:00am every morning.</p> <p>*Pre -Made Sandwich could be ordered in a la carte line</p> <p>*Students' lunch-card balance available under request - contact us at eurest@staff.nanjing-school.com for details*</p>				