



## Menu for Week beginning Monday May 31st, 2010(Prek, K1, K2, Gr1)

### Nutritional information key:

★Protein

☆Milk product(Calcium)

○Starch

◆Cooked Fruit or Vegetables

●Raw Fruit or Vegetables

🥕Vegetarian



Monday May 31st	Tuesday June 1st	Wednesday June 2nd	Thursday June 3rd	Friday June 4th
○ ○ ○	○ ○	○ ○	○ ○	○ ○
<b>Daily Bread Selection.</b>				
○ Garden Salad	○ Garden Salad	● Garden Salad	○ Garden Salad	○ Garden Salad
★Egg Salad * * * * ★Penne with Bacon in Tomato sauce Or ★Sliced Chicken with Onion & Oyster Sauce ●Water Melon * * * * 🥕 Veggie Burger (Vegetarian)	◆Corn Salad * * * * ★Mild Yellow Chicken Curry Or ★Ham & Cheese Grilled Sandwich ●Honey Melon * * * * 🥕 Spring Rolls (Vegetarian)	●Carrot Salad * * * * ★ Salt & Pepper Pan Fried Steaks Or ★Stir Fried Chicken Breast ◆Yellow Peach * * * * 🥕 Penne Arrabiata (Vegetarian)	●Cucumber Salad * * * * ★Gratin Fish with Lemon Butter & Dill Or ★Spaghetti with Ham & Creamy Mushrooms ●Pear * * * * 🥕 Mushroom Pie with Onions & Bean Sprouts (Vegetarian)	●Tomato Salad * * * * ★Chicken Schnitzel Or ★Pork Fried Rice Cake ●Apple * * * * 🥕 Peas & Potato Curry Samosas (Vegetarian)
<b>Daily Choice of Fruit Basket or Desert</b>				
☆Mini Cake	☆Apple Strudel	☆Coconut & Sago Pudding	☆Raisin Roll	☆Ice Cream
🥕 If you are vegetarian or allergic Students, Pls contact Eurest staff to order the Vegetarian/Special main course before 10:00am every morning. *Pre -Made Sandwich could be ordered in a la carte line *Students' lunch-card balance available under request - contact us at <a href="mailto:eurest@staff.nanjing-school.com">eurest@staff.nanjing-school.com</a> for details*				