



Menu for Week beginning Monday June 14th, 2010(Prek, K1, K2, Gr1)
Nutritional information key:



★Protein






☆Milk product(Calcium)

○Starch

◆Cooked Fruit or Vegetables

●Raw Fruit or Vegetables

 Vegetarian

| Monday June 14th | Tuesday June 15th | Wednesday June 16th | Thursday June 17th | Friday June 18th |
|--|--|----------------------------|---|---|
| ○ ○ ○ ○ ○ Daily Bread Selection. ○ ○ ○ ○ ○ | | | | |
| ★Egg Salad * * * * ★Pan-Fried Chicken Breast Or ★Pork Curry ●Water Melon * * * *  Spinach Quiche (Vegetarian) | ◆Corn Salad * * * * ★Kimchi Fried Rice with Egg Or ★Grilled Fish Steak ●Honey Melon * * * *  Mushroom Quiche (Vegetarian) | Happy Dragon Boat Festival | ●Cucumber Salad * * * * ★Salami Pizza Or ★Lamb Goulash ●Pear * * * *  Fried Rice with Egg (Vegetarian) | ◆Tomato Salad * * * * ★Grilled Meatloaf Or ★Fusilli with Cheese & Bacon ●Apple * * * *  Vegetables Taco (Vegetarian) |
| ● ● ● ● ● Daily Choice of Fruit Basket or Desert ● ● ● ● ● | | | | |
| ☆Banana Cake | ☆Lemon Tart | | ☆Cookies | ☆Mini Cake |
| <p> If you are vegetarian or allergic Students, Pls contact Eurest staff to order the Vegetarian/Special main course before 10:00am every morning.</p> <p>*Pre -Made Sandwich could be ordered in a la carte line</p> <p>*Students' lunch-card balance available under request - contact us at eurest@staff.nanjing-school.com for details*</p> | | | | |