



Menu for Week beginning Monday August 9th, 2010(Prek, K1, K2, Gr1)
Nutritional information key:







★Protein

☆Milk product(Calcium)

○Starch

◆Cooked Fruit or Vegetables

●Raw Fruit or Vegetables
 Vegetarian

Monday August 9th	Tuesday August 10th	Wednesday August 11th	Thursday August 12th	Friday August 13th
○ ○ ○	○ ○	○ ○	○ ○	○ ○
Daily Bread Selection.				
● Garden Salad				
Lunch for Staff	Lunch for Staff	● Tomato Salad * * * * ☆ Macaroni & Cheese Or ☆ Beef & Pork Hamburger Steak ● Water Melon * * * *  Vegetables Taco (Vegetarian)	☆ Egg Salad * * * * ☆ Bacon Fried Rice with Egg Or ☆ Hot Dog ● Honey Melon * * * *  Eggplant Parmigiana (Vegetarian)	● Cucumber Salad * * * * ☆ Sweet & Sour Pork Or ☆ Pan-Fried Chicken Breast ● Pear * * * *  Tomato Pizza (Vegetarian)
● ● ● ● ● Daily Choice of Fruit Basket or Desert				
		☆ Jelly	☆ Raisin Rolls	☆ Apple Strudel
<p> If you are vegetarian or allergic Students, Pls contact Eurest staff to order the Vegetarian/Special main course before 10:00am every morning.</p> <p>*Pre -Made Sandwich could be ordered in a la carte line</p> <p>*Students' lunch-card balance available under request - contact us at eurest@staff.nanjing-school.com for details*</p>				